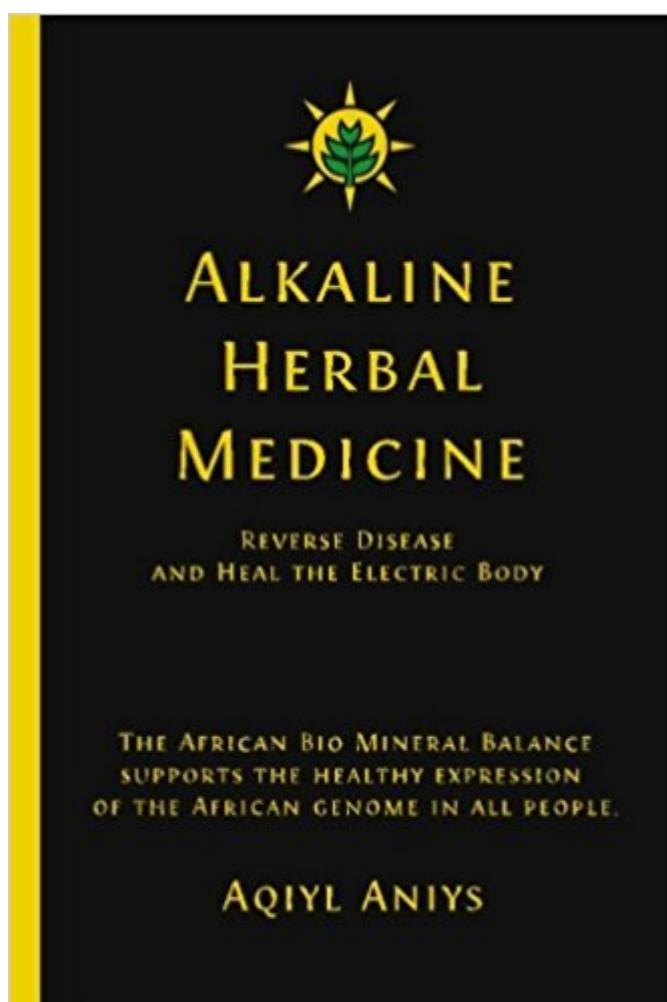


The book was found

Alkaline Herbal Medicine: Reverse Disease And Heal The Electric Body



Synopsis

Alkaline Herbal Medicine gives insight into many of the herbs used to reverse disease in Dr. Sebi's African Bio Mineral Balance. It covers scientifically supported properties, preparation, doses and dosages, and how to combine herbs. It addresses alkaline foods on the Dr. Sebi nutritional guide, and their chemical affinity with and support of the electric body. The natural order in life designed the body to be healthy and heal under the right conditions. These conditions are programmed into the DNA of *Homo sapiens*, whose base DNA makeup is the African genome. Diets centered on the consumption of natural alkaline plant foods and ample exposure to the sun supported the healthy expression of the African genome. The environment of Africa, and environments similar to Africa, produced life that developed with a complete and balanced electrical structure. The plant life that grew in these environments grew under optimal conditions in nutrient rich soil under year long exposure to the sun. The resulting chemical makeup of these natural alkaline plants protected them from environmental stresses. Africans originally ate diets centered on the consumption of these plants, like the great apes of Africa, and the programming of the African genome used the protective nature of these plants' nutrients to support its vibrancy. A scientific model supports the idea that Africans migrated out of Africa hundreds of thousands of years ago into the less hospitable environments of Europe and Asia. These environments didn't support the healthy expression of the African genome and resulted in the mutation of the gene and the development of the Neanderthal of Europe and Denisovan of East Asia. Science has linked diseases like lupus, Crohn's disease, and type 2 diabetes to the Neanderthal gene. The Neanderthals, who inhabited the Neandertal caves in Germany, ate a diet centered on the consumption of meat. The combination of their meat-centered diet and adverse relationship with the sun led to the development of dis-ease in the body. Now, the meat-centered diet is being globalized and is spreading disease throughout the world. An alkaline plant-centered diet and the use of alkaline herbal medicine naturally support the healthy expression of the African genome in all people, and reverses chronic disease. Pharmaceutical medicine is built on the power of medicinal herbs because around fifty percent of its drugs are derived from herbs. The issue is industry has strategically conditioned people to forget about the healing power of natural alkaline herbs. I dedicate this book in the memory of Alfredo Bowman lovingly known as Dr. Sebi. He helped us to remember that natural alkaline herbs and plant foods support the healthy expression of the African genome that is in all people. He did this by sharing his African Bio Mineral Balance methodology. Categories: herbal remedies, naturopathy, healing, herbs, herbal medicine

Book Information

Paperback: 129 pages

Publisher: Createspace (September 19, 2016)

Language: English

ISBN-10: 1535431660

ISBN-13: 978-1535431668

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 7.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 294 customer reviews

Best Sellers Rank: #4,476 in Books (See Top 100 in Books) #5 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies

Customer Reviews

Aqiy Aniys attained a BA in Organizational Behavior and Communications from NYU, and a certificate in plant based nutrition from the T. Colin Campbell Center for Nutrition Studies. He started his plant based nutrition journey through the influence of Dr. Sebiâ™s African Bio Mineral Balance methodology and nutritional guide. His adoption of an alkaline vegan diet led to the reversal of disease in his body and revitalized him as a person. His middle aged body was transformed into the body of a twenty-year-old, which sustains his very active life. His revitalization led him to resume amateur boxing, and it supports his activities that include running, cycling, power walking, kick boxing and anything he challenges himself with. The level of impact the adoption of an alkaline plant based diet had on his life was unexpected and greatly welcomed. His journey led him to share his experiences and knowledge he gained to help others revitalize themselves. He developed the plant based nutrition website Natural Life Energy.com that provides scientifically supported articles on the benefits of various plant foods. He also wrote the book, The God-Awakening Diet which addresses the detrimental impact the reliance on a meat-centered diet has on the environment and the health of people. It also addresses why a plant-based diet is the solution to protecting them both, and how to pursue an alkaline plant-based diet using the Dr. Sebi nutritional guide.

Basic and common sense, that's how I would describe this book, it's about 100+ pages but you don't need a thousand pages to tell people to take apple cider vinegar and a bunch of things that are a waste but everyone is not the same, different strokes for different folks, but what I like about the book is that it keeps it simple and plain, basically prepare your own herbs and eat basic natural foods, and the word natural has been lost in the world, I know that the information in this book is

very good because I been eating these foods and herbs for years and nothing but positive results, my most favorite in the book is the mixing of herbs to put in capsule form, its not a long book but by far the best if you really look at it an understand whats in it, this is a life keeper book here.

An excellent source of information to reclaim your health. I respect how close the author stuck to Dr. Sebi's teachings. I feel it was done in a brilliant way to avoid confusion for those who may be unfamiliar to Dr.Sebi. I highly recommend a purchase.

Other than your bible, this book should be the second most important book you will ever read. Physician....heal thyself. It goes point by point on what herbs are best for healing and what they are used for, how they look, how to harvest them correctly and the best part, how to mix them for the best effect. Go to your doctor's to check your vitals and to find out what may be wrong with you. Use this book along with Drsebicellfood.com herbal medicines or make your own and CURE YOUR OWN CONDITIONS AND DISEASES. I didn't say treat.....I said CURE. Following the guidelines.

Information I needed to help in my new business. Be great if author was accessible for further questions.

On time and as promised!

I will make good use of it.

Decent read

This book is great highly recommend for every household

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